

October 2018

Point Pleasant Boro High School

Mon	Tue	Wed	Thu	Fri
<p>1</p> <p>Crispy Popcorn Chicken w/Whole Grain Roll Potato Wedges, Sautéed Herbed Green Beans or/ Deli Sandwich Bar or Salad Plate</p>	<p>2</p> <p>Chicken Cheese Steak on Whole Grain Roll [Choice of Toppings], Baked Seasoned Sweet Potato Fries, Lettuce & Tomato or/ Deli Sandwich Bar or Salad Plate</p>	<p>3</p> <p>Walking Beef Taco Lettuce, Tomato Salsa, Corn, & Rice and Black Bean Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>4</p> <p>Hamburger/Cheeseburger on Whole Grain Roll w/ Tomato & Lettuce, Baked Cheesy Potato or/Deli Sandwich Bar or Salad Plate</p>	<p>5</p> <p>Staff In-Service No School for Students</p>
<p>8</p> <p>Columbus Day SCHOOL CLOSED</p>	<p>9</p> <p>Pizza Sticks w/Fresh Marinara Sauce Sautéed Spinach or/ Deli Sandwich Bar or Salad Plate</p>	<p>10</p> <p>Meatball Parm On Whole Grain Sub Roll Broccoli Salad w/Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>11</p> <p>Spicy Chicken Patty on Whole Grain Roll Lettuce & Tomato Pasta Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>12</p> <p>Fresh Baked Pizza Soup w/ Crackers Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>15</p> <p>Grilled Cheese Sandwich Fall Vegetable Medley Vegetable Soup or/ Deli Sandwich Bar or Salad Plate</p>	<p>16</p> <p>Chicken Wraps Baby Pea Salad w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>17</p> <p>Double Pizza Burger on Whole Grain Roll w/ Tomato & Lettuce, Baked Garlic Broccoli or/Deli Sandwich Bar or Salad Plate</p>	<p>18</p> <p>Chicken Parm On Whole Grain Sub Roll Broccoli Salad w/Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>19</p> <p>Fresh Baked Pizza Soup w/ Crackers Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>22</p> <p>Chicken Tenders Whole Grain Biscuit, Sweet Potato Bake, Peas or/ Deli Sandwich Bar or Salad Plate</p>	<p>23</p> <p>Double Burger or Cheeseburger on Whole Grain Roll w/ Tomato & Lettuce, Baked Cheesy Potato, or/Deli Sandwich Bar or Salad Plate</p>	<p>24</p> <p>Walking Beef Taco Lettuce, Tomato Salsa, Mexicali Rice or/ Deli Sandwich Bar or Salad Plate</p>	<p>25</p> <p>Homemade Roast Turkey Mashed Potatoes, Roasted Carrots, Gravy, Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>26</p> <p>Fresh Baked Pizza Soup w/ Crackers Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>29</p> <p>Crispy Popcorn Chicken w/Whole Grain Roll Potato Wedges, Sautéed Herbed Green Beans or/ Deli Sandwich Bar or Salad Plate</p>	<p>30</p> <p>Chicken Cutlet On Whole Grain Sub Roll Crispy Potato Puffs or/ Deli Sandwich Bar or Salad Plate</p>	<p>31</p> <p>Meatball Parm On Whole Grain Sub Roll Broccoli Salad w/Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>Made to Order Salads Available Daily Fresh Toppings Include: Tomato, Cucumbers, Carrots, Thin Sliced Onion, Sliced Black Olives, Garbanzo Beans, Shredded Red Cabbage, Hard Boiled Egg, Cold Cuts and assorted Cheese</p>	<p>All Lunches Include: Entrée, Vegetable, Fresh or Canned Fruit & Milk Available Daily: Sandwiches & Salads Made to Order; Fresh Baked Whole Grain Cheese Pizza; Seasoned Baked Fries; Fresh Veggie Boat; Fresh & Canned Fruit</p>

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Please notify food services of any special dietary issues

Student Lunch: \$3.75
Milk [All Varieties]: \$.65
Adult Lunch: \$5.00