

January 2019

Memorial Middle School

Mon	Tue	Wed	Thu	Fri
<p>NO CHARGING DURING LUNCH Lunch tickets may be purchased at Breakfast or Homeroom <i>Please notify food services of any special dietary issues</i></p>		<p>2 Little Caesars Whole Grain Pizza Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, or/ Deli Sandwich Bar or Salad Plate</p>	<p>3 Nacho Platter w/Cheese Sauce, Seasoned Meat, Tomato, Lettuce, Salsa, Corn, Bean & Rice Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>4 Mozzarella Sticks Whole Grain Italian Bread, Pasta w/Tomato Sauce, Tossed Salad w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>7 Crispy Chicken Nuggets Mac & Cheese, Veggies or/ Deli Sandwich Bar or Salad Plate</p>	<p>8 Hamburger/Cheeseburger on Whole Grain Roll w/ Tomato & Lettuce, Baked Cheesy Potato or/Deli Sandwich Bar or Salad Plate</p>	<p>9 Little Caesars Whole Grain Pizza Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, or/ Deli Sandwich Bar or Salad Plate</p>	<p>10 Chicken Patty on Whole Grain Kaiser Roll Lettuce & Tomato or/ Deli Sandwich Bar or Salad Plate</p>	<p>11 Pizza Sticks Tomato Sauce, Tossed Salad w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>14 Popcorn Chicken Whole Grain Biscuit, Roasted Corn or/ Deli Sandwich Bar or Salad Plate</p>	<p>15 Chicken Caesar Salad or Wrap <i>[Regular or Spicy]</i> or/ Deli Sandwich Bar or Salad Plate</p>	<p>16 Little Caesars Whole Grain Pizza Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, or/ Deli Sandwich Bar or Salad Plate</p>	<p>17 Hamburger/Cheeseburger on Whole Grain Roll w/ Tomato & Lettuce, Baked Cheesy Potato or/Deli Sandwich Bar or Salad Plate</p>	<p>18 Staff Development No School for Students</p>
<p>21 Martin Luther King Day SCHOOL CLOSED</p>	<p>22 Cheese Steak on Whole Grain Sub Roll Sweet Potato Puffs or/ Deli Sandwich Bar or Salad Plate</p>	<p>23 Little Caesars Whole Grain Pizza Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, or/ Deli Sandwich Bar or Salad Plate</p>	<p>24 Chicken Patty on Whole Grain Kaiser Roll Lettuce & Tomato or/ Deli Sandwich Bar or Salad Plate</p>	<p>25 Pizza Sticks Tomato Sauce, Tossed Salad w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>28 Meatball Sub On Whole Grain Roll Veggies or/ Deli Sandwich Bar or Salad Plate</p>	<p>29 Chicken Cutlet on Whole Grain Kaiser Roll Lettuce & Tomato or/ Deli Sandwich Bar or Salad Plate</p>	<p>30 Little Caesars Whole Grain Pizza Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, or/ Deli Sandwich Bar or Salad Plate</p>	<p>31 Mozzarella Sticks Italian Bread, Pasta w/Tomato Sauce Tossed Salad w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>Available Daily: Sandwiches Made to Order; Fresh Baked Whole Grain Cheese Pizza; Fresh Veggie Boat; Fruit Juice; Fruit Slush; Fresh & Canned Fruit</p>

* This institution's an equal opportunity provider. | El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

Student Lunch: \$3.50
Milk [All Varieties]: \$.65