

January 2019

Point Pleasant Boro High School

Mon	Tue	Wed	Thu	Fri
<p>Made to Order Salads Available Daily Fresh Toppings Include: Tomato, Cucumbers, Carrots, Thin Sliced Onion, Sliced Black Olives, Garbanzo Beans, Shredded Red Cabbage, Hard Boiled Egg, Cold Cuts and assorted Cheese</p>		<p>2 Hamburger/Cheeseburger on Whole Grain Roll w/ Tomato & Lettuce, Baked Beans, Baked Cheesy Potato or/ Deli Sandwich Bar or Salad Plate</p>	<p>3 KFC Bowls Popcorn Chicken, Mashed Potatoes, Corn & Cheddar Cheese w/ Gravy or/ Deli Sandwich Bar or Salad Plate</p>	<p>4 Fresh Baked Whole Grain Pizza Soup w/ Crackers Side Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>7 Chicken Nuggets Whole Grain Roll, Potato Wedges, Peas or/ Deli Sandwich Bar or Salad Plate</p>	<p>8 Grilled Chicken Chi Wawa Lettuce, Tomato, Salsa, Corn, Rice and Black Bean Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>9 Spaghetti & Meatballs Herb Garlic Bread Tossed Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>10 BBQ Pulled Pork Sub Sauteed Peppers and Onions, Tomato Sauce, Tossed Salad w/:p Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>11 Fresh Baked Whole Grain Pizza Soup w/ Crackers Side Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>14 Chicken Tenders Whole Grain Biscuit, Sweet Potato Bake, Peas or/ Deli Sandwich Bar or Salad Plate</p>	<p>15 Walking Beef Taco Lettuce, Salsa, Cheddar Cheese, with Rice or/ Deli Sandwich Bar or Salad Plate</p>	<p>16 Spicy Chicken Patty on Whole Grain Roll, Baked Beans Pasta Salas Lettuce and Toamto or/ Deli Sandwich Bar or Salad Plate</p>	<p>17 KFC Bowls Popcorn Chicken, Mashed Potatoes, Corn & Cheddar Cheese w/ Gravy or/ Deli Sandwich Bar or Salad Plate</p>	<p>18 Staff Development No School for Students</p>
<p>21 Martin Luther King Day SCHOOL CLOSED</p>	<p>22 Grilled Chicken Chi Wawa Lettuce, Tomato, Salsa, Corn, Rice and Black Bean Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>23 Spaghetti & Meatballs Herb Garlic Bread Tossed Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>24 Chicken Caesar Wraps Baby Pea Salad, w/Lo Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>	<p>25 Fresh Baked Whole Grain Pizza Soup w/ Crackers Side Salad w/Low Fat Dressing or/ Deli Sandwich Bar or Salad Plate</p>
<p>28 Grilled Cheese Sandwich w/Vegetable Soup or/ Deli Sandwich Bar or Salad Plate</p>	<p>29 Walking Beef Taco Lettuce, Salsa, Cheddar Cheese, with Rice or/ Deli Sandwich Bar or Salad Plate</p>	<p>30 Spicy Chicken Patty on Whole Grain Roll Tomato, Lettuce Pasta Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>31 Cheese Steak Peppers and Onions Side of Macaroni Salad or/ Deli Sandwich Bar or Salad Plate</p>	<p>All Lunches Include: Entrée, Vegetable, Fresh or Canned Fruit & Milk Available Daily: Sandwiches & Salads Made to Order; Fresh Baked Whole Grain Cheese Pizza; Seasoned Baked Fries; Fresh Veggie Boat; Fresh & Canned Fruit</p>

This institution's an equal opportunity provider | El USDA es un proveedor y empleador que ofrece igualdad de oportunidades
Please notify food services of any special dietary issues

Student Lunch: \$3.75
Milk [All Varieties]: \$.65
Adult Lunch: \$5.00