

POINT PLEASANT BOROUGH HIGH SCHOOL
ATHLETIC DEPARTMENT

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DAVID KIRK
Supervisor of Athletics

**GUIDELINES FOR COMPLETING PAPERWORK FOR A
WINTER SPORT**

All paperwork is due to the school nurse on or before your physical date.

- A sport physical (Annual Athletic Pre-Participation Physical Evaluation Part B), must be filled out by a physician and on file in the nurse's office by November 7, 2012.
- Physical must be dated less than one year from the time of the first practice date, and filled out in its entirety by the examining physician.
- **Physical must have vision, height, weight and blood pressure, completed by the physician and stamped with the providers stamp. If form is incomplete, it will be returned to the parent for the physician to complete.**
- Health History Questionnaire (Part A) must be completed by the parent and present at the time of the physical to be reviewed by the examining provider.
- **Every private sport physical** submitted to the school nurse, must be reviewed and signed by the school physician before your child may participate or try out for their sport.
- The school physician will only be available to review private physician physicals on physical dates. **Therefore, if your paperwork has not been brought to the ATHLETIC office by November 7, 2012, NO EXCEPTIONS, the student will not be able to participate or try out until the doctor returns to the high school to review and clear students again for sports.**
- In addition to a sports physical, each season a new parent consent form and health history questionnaire must be filled out by the parent and submitted to the nurse for review by the school physician.

High School Sport Physical Dates for the Winter – 2:45 p.m. in the Nurse's Office

Thursday, October 25, 2012 **Boys Basketball, Boys Bowling, Ice Hockey, Boys Swimming, Boys Winter Track**

Thursday, November 1, 2012 **Cheerleading, Girls Basketball, Girls Bowling, Girls Swimming, Girls Winter Track**

All students must have Interscholastic Parent Consent Form and Healthy History Questionnaire Part A, filled out in its entirety by parent prior to having physical examination. Forms cannot be dated 60 days prior to starting the sport.

Forms can be obtained in the nurse's office, athletic office and online at the athletic website. Any questions, please call the high school nurse at 732-701-1900 ext. 2215.