

**September 2017**

# Memorial Middle School

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
		<p><b>6</b>  <b>Little Caesars Whole Grain Pizza</b>            Soup w/ Crackers            Tossed Salad w/ Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>7</b>  <b>Nacho Platter w/cheese</b>            Sauce, Seasoned Meat, Lettuce, Tomato, Salsa, Corn, Bean &amp; Rice Salad  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>8</b>  <b>Mozzarella Sticks</b>            Whole Grain Italian Bread, Pasta w/Tomato Sauce            Tossed Salad w/Lo Fat Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>11</b>  <b>Chicken Tenders w/Whole Grain Biscuit</b>            Mac &amp; Cheese, Corn            Tossed Salad w/Lo Fat Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>12</b>  <b>Hamburger/Cheeseburger on Whole Grain Roll</b>            w/ Tomato &amp; Lettuce, Baked Cheesy Potato  <b>or/</b>Deli Sandwich Bar or Salad Plate</p>	<p><b>13</b>  <b>Little Caesars Whole Grain Pizza</b>            Soup w/ Crackers            Tossed Salad w/ Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>14</b>  <b>Cheese Steak</b>  <i>[Beef or Chicken]</i>            Whole Grain Sub Roll            Hash Brown  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>15</b>  <b>Pizza Sticks</b>            w/Tomato Sauce            Tossed Salad w/Lo Fat Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>18</b>  <b>Crispy Chicken Nuggets</b>            Mashed Potato Biscuit  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>19</b>  <b>Chicken Patty</b>  <i>[Choice of Regular or Spicy]</i>            on Whole Grain Roll, Lettuce &amp; Tomato, Potato  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>20</b>  <b>Little Caesars Whole Grain Pizza</b>            Soup w/ Crackers            Tossed Salad w/ Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>21</b>  <b>Nacho Platter w/cheese</b>            Sauce, Seasoned Meat, Lettuce, Tomato, Salsa, Corn, Bean &amp; Rice Salad  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>22</b>  <b>Mozzarella Sticks</b>            Whole Grain Italian Bread, Pasta w/Tomato Sauce            Tossed Salad w/Lo Fat Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>25</b>  <b>Popcorn Chicken w/Whole Grain Biscuit</b>            Mashed Potato &amp; Gravy            Corn  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>26</b>  <b>Cheese Steak</b>  <i>[Beef or Chicken]</i>            Whole Grain Sub Roll            Hash Brown  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>27</b>  <b>Little Caesars Whole Grain Pizza</b>            Soup w/ Crackers            Tossed Salad w/ Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>28</b>  <b>Chicken Caesar Salad or Wrap</b>            (Regular or Spicy)  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>29</b>  <b>Pizza Sticks</b>            w/Tomato Sauce            Tossed Salad w/Lo Fat Dressing  <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
			<p><b>Available Daily:</b>            Sandwiches Made to Order; Fresh Baked Whole Grain Cheese Pizza; Fresh Veggie Boat; Fruit Juice; Fruit Slush; Fresh &amp; Canned Fruit  <b>All Lunches Include:</b>            Entrée, Vegetable, Fresh or Canned Fruit, Bread/Grain &amp; Choice of Milk</p>	<p><b>Student Lunch: \$3.25</b>  <b>Milk: \$.65</b>  <b>NO CHARGING DURING LUNCH</b>            Lunch tickets may be purchased at Breakfast or Homeroom</p>

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**Please notify food services of any special dietary issues**