

**October 2017**

# Point Pleasant Boro High School

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<p><b>2</b></p> <p><b>Crispy Popcorn Chicken w/Whole Grain Roll</b> Potato Wedges, Sautéed Herbed Green Beans <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>3</b></p> <p><b>Chicken Cheese Steak on Whole Grain Roll</b> [Choice of Toppings], Baked Seasoned Sweet Potato Fries, Lettuce &amp; Tomato <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>4</b></p> <p><b>Walking Beef Taco</b> Lettuce, Tomato Salsa, Corn, &amp; Rice and Black Bean Salad <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>5</b></p> <p><b>Hamburger/Cheeseburger on Whole Grain Roll</b> w/ Tomato &amp; Lettuce, Baked Cheesy Potato <b>or/</b>Deli Sandwich Bar or Salad Plate</p>	<p><b>6</b></p> <p><b>Staff In-Service No School for Students</b></p>
<p><b>9</b></p> <p><b>Columbus Day SCHOOL CLOSED</b></p>	<p><b>10</b></p> <p><b>Pizza Sticks</b> w/Fresh Marinara Sauce Sautéed Spinach <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>11</b></p> <p><b>Meatball Parm</b> On Whole Grain Sub Roll Broccoli Salad w/Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>12</b></p> <p><b>Spicy Chicken Patty on Whole Grain Roll</b> Lettuce &amp; Tomato Pasta Salad <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>13</b></p> <p><b>Fresh Baked Pizza</b> Soup w/ Crackers Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>16</b></p> <p><b>Grilled Cheese Sandwich</b> Fall Vegetable Medley Vegetable Soup <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>17</b></p> <p><b>Chicken Wraps</b> Baby Pea Salad w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>18</b></p> <p><b>Double Pizza Burger on Whole Grain Roll</b> w/ Tomato &amp; Lettuce, Baked Garlic Broccoli <b>or/</b>Deli Sandwich Bar or Salad Plate</p>	<p><b>19</b></p> <p><b>Chicken Parm</b> On Whole Grain Sub Roll Broccoli Salad w/Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>20</b></p> <p><b>Fresh Baked Pizza</b> Soup w/ Crackers Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>23</b></p> <p><b>Chicken Tenders</b> Whole Grain Biscuit, Sweet Potato Bake, Peas <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>24</b></p> <p><b>Double Burger or Cheeseburger</b> on Whole Grain Roll w/ Tomato &amp; Lettuce, Baked Cheesy Potato, <b>or/</b>Deli Sandwich Bar or Salad Plate</p>	<p><b>25</b></p> <p><b>Walking Beef Taco</b> Lettuce, Tomato Salsa, Mexicali Rice <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>26</b></p> <p><b>Homemade Roast Turkey</b> Mashed Potatoes, Roasted Carrots, Gravy, Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>27</b></p> <p><b>Fresh Baked Pizza</b> Soup w/ Crackers Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>30</b></p> <p><b>Crispy Popcorn Chicken w/Whole Grain Roll</b> Potato Wedges, Sautéed Herbed Green Beans <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>31</b></p> <p><b>Chicken Cutlet</b> On Whole Grain Sub Roll Crispy Potato Puffs <b>or/</b> Deli Sandwich Bar or Salad Plate</p>		<p><b>Made to Order Salads Available</b> <b>Daily Fresh Toppings Include:</b> Tomato, Cucumbers, Carrots, Thin Sliced Onion, Sliced Black Olives, Garbanzo Beans, Shredded Red Cabbage, Hard Boiled Egg, Cold Cuts and assorted Cheese</p>	<p><b>All Lunches Include:</b> Entrée, Vegetable, Fresh or Canned Fruit &amp; Milk <b>Available Daily:</b> Sandwiches &amp; Salads Made to Order; Fresh Baked Whole Grain Cheese Pizza; Seasoned Baked Fries; Fresh Veggie Boat; Fresh &amp; Canned Fruit</p>

This institution's an equal opportunity provider | El USDA es un proveedor y empleador que ofrece igualdad de oportunidades  
**Please notify food services of any special dietary issues**

**Student Lunch: \$3.75**  
**Milk [All Varieties]: \$.65**  
**Adult Lunch: \$5.00**