

**January 2018**

# Memorial Middle School

<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<p><b>NO CHARGING DURING LUNCH</b> Lunch tickets may be purchased at Breakfast or Homeroom <b>Please notify food services of any special dietary issues</b></p>	<p><b>2</b> <b>Chicken Patty</b> on Whole Grain Kaiser Roll Tomato, Lettuce Smiley Taters <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>3</b> <b>Little Caesars</b> <b>Whole Grain Pizza</b> Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>4</b> <b>Hamburger/Cheeseburger on Whole Grain Roll</b> w/ Tomato &amp; Lettuce, Potato Wedges <b>or/</b>Deli Sandwich Bar or Salad Plate</p>	<p><b>5</b> <b>Pizza Sticks</b> Tomato Sauce, Tossed Salad w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>8</b> <b>Popcorn Chicken</b> Whole Grain Biscuit, Corn, Mashed Potato &amp; Gravy <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>9</b> <b>Nacho Platter</b> w/Cheese Sauce, Seasoned Meat, Tomato, Lettuce, Salsa, Corn, Bean &amp; Rice Salad <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>10</b> <b>Little Caesars</b> <b>Whole Grain Pizza</b> Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>11</b> <b>Chicken Caesar Salad or Wrap</b> <b>[Regular or Spicy]</b> <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>12</b> <b>Mozzarella Sticks</b> Whole Grain Italian Bread, Pasta w/Tomato Sauce, Tossed Salad w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>15</b> <b>Martin Luther King Day</b>  <b>SCHOOL CLOSED</b></p>	<p><b>16</b> <b>Crispy Chicken Nuggets</b> Mac &amp; Cheese, Veggies <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>17</b> <b>Little Caesars</b> <b>Whole Grain Pizza</b> Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>18</b> <b>Chicken Patty</b> on Whole Grain Kaiser Roll Tomato, Lettuce Smiley Taters <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>19</b> <b>Pizza Sticks</b> Tomato Sauce, Tossed Salad w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate</p>
<p><b>22</b> <b>Popcorn Chicken</b> Whole Grain Biscuit, Corn, Mashed Potato &amp; Gravy <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>23</b> <b>Meatball Sub</b> On Whole Grain Roll Veggies <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>24</b> <b>Little Caesars</b> <b>Whole Grain Pizza</b> Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>25</b> <b>Chicken Caesar Salad or Wrap</b> <b>[Regular or Spicy]</b> <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>26</b> <b>Mozzarella Sticks</b> Whole Grain Italian Bread, Pasta w/Tomato Sauce, Tossed Salad w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or <b>Salad Plate</b></p>
<p><b>29</b> <b>Crispy Chicken Nuggets</b> Mac &amp; Cheese, Veggies <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>30</b> <b>Nacho Platter</b> w/Cheese Sauce, Seasoned Meat, Tomato, Lettuce, Salsa, Corn, Bean &amp; Rice Salad <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>31</b> <b>Little Caesars</b> <b>Whole Grain Pizza</b> Soup w/ Crackers, French Fries, Tossed Salad w/Lo Fat Dressing, <b>or/</b> Deli Sandwich Bar or Salad Plate</p>	<p><b>Available Daily:</b> Sandwiches Made to Order; Fresh Baked Whole Grain Cheese Pizza; Fresh Veggie Boat; Fruit Juice; Fruit Slush; Fresh &amp; Canned Fruit</p>	<p><b>Student Lunch: \$3.25</b> <b>Milk: \$.65</b> <b>All Lunches Include:</b> Entrée, Vegetable, Fresh or Canned Fruit, Bread/Grain and Choice of Milk</p>

\* This institution's an equal opportunity provider. | El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.